

Day 4—Peace  
**John 14:25-31 & Matthew 6:25-34**

**Suggestions for Intercessory Prayer**

Feel free to claim other promises as well. Remember, all of God's biddings are His enablings!

- **Praise God that we can find peace in obeying His law.**  
Great peace have those who love Your law, and nothing causes them to stumble. Ps. 119:165
- **Praise God that He suffered for us that we may have peace.**  
But He was wounded for our transgressions, He was bruised for our iniquities; the chastisement for our peace was upon Him, and by His stripes we are healed. Isa. 53:5  
  
For Christ also suffered once for sins, the just for the unjust, that He might bring us to God, being put to death in the flesh but made alive by the Spirit. 1 Pet. 3:18
- **Pray that God will give you His peace that surpasses all understanding.**  
Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus. Phil. 4:6, 7  
  
Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid. John 14:27
- **Pray that God will teach you to abide in Him and in His peace.**  
You will keep him in perfect peace, whose mind is stayed on You, because he trusts in You. Isa. 26:3  
  
Now may the God of hope fill you with all joy and peace in believing, that you may abound in hope by the power of the Holy Spirit. Rom. 15:13
- **Pray that God will teach you how to pursue peace with Him and with other people.**  
Pursue peace with all people, and holiness, without which no one will see the Lord. Heb. 12:14  
  
Now the fruit of righteousness is sown in peace by those who make peace. James 3:18  
  
Blessed are the peacemakers, for they shall be called sons of God. Matt. 5:9
- **Pray that God will teach you to allow Him to fight for you and give you His peace in any difficult situations.**  
The Lord will fight for you, and you shall hold your peace. Ex. 14:14  
  
Come to Me, all you who labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light. Matt. 11:28-30
- **Do you know any people who need God's peace in their hearts? Pray for them.**  
"For the mountains shall depart and the hills be removed, but My kindness shall not depart from you, nor shall My covenant of peace be removed," says the Lord, who has mercy on you. Isa. 54:10

Behold, I will bring it health and healing; I will heal them and reveal to them the abundance of peace and truth. Jer. 33:6

- **Do you know any people who are passing through trials? Pray for them, asking that God will give them His peace.**

These things I have spoken to you, that in Me you may have peace. In the world you will have tribulation; but be of good cheer, I have overcome the world. John 16:33

My Presence will go with you, and I will give you rest. Ex. 33:14

- **Pray for those who are suffering for Christ's sake, asking that God's peace will abide in their hearts. If you know of specific people, pray for them by name.**

The work of righteousness will be peace, and the effect of righteousness, quietness and assurance forever. Isa. 32:17

Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ, through whom also we have access by faith into this grace in which we stand, and rejoice in hope of the glory of God. Rom. 5:1, 2

- **Do you know any people who need to make peace with God and other people? Pray for them.**

And the God of peace will crush Satan under your feet shortly. The grace of our Lord Jesus Christ be with you. Amen. Rom. 16:20

Be at peace among yourselves. 1 Thess. 5:13b

- **Pray for the protection of our young people from ever-increasing worldly influences. Pray that they will focus on the Word of God and service to others. Pray by name for the young people you know who need God's protection.**

Let no one despise your youth, but be an example to the believers in word, in conduct, in love, in spirit, in faith, in purity. 1 Tim. 4:12

- **Mission to the Cities—Pray for the Inter-American Division and the cities they are trying to win for Christ: Mexico City, Mexico; Caracas, Venezuela; Bogotá, Colombia; Nassau, Bahamas; Belize City, Belize; Georgetown, Guyana; Cali, Colombia; Cayenne, French Guiana; Guatemala City, Guatemala; Quetzaltenango, Guatemala; Port-au-Prince, Haiti; Tegucigalpa, Honduras; Mérida, Mexico; Puerto Rico (entire island); Santiago de los Caballeros, Dominican Republic; and Maracaibo, Venezuela. Pray that members can develop strategies for reaching these large cities.**

If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him. James 1:5

- **Pray for any personal needs or anything on your heart.**

Do not remember the former things, nor consider the things of old. Behold, I will do a new thing, now it shall spring forth; shall you not know it? I will even make a road in the wilderness and rivers in the desert. Isa. 43:18, 19

- **Praise God that He has heard you and that He will do exceedingly abundantly above all that we ask or think.**

Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us, to Him be glory in the church by Christ Jesus to all generations, forever and ever. Amen. Eph. 3:20, 21

At the end of prayer time, you may want to form groups of two or three and pray for the seven people that you have on your list. Pray that they will seek for God's peace in their hearts. Claim 1 Peter 3:11 for them: "Let him turn away from evil and do good; let him seek peace and pursue it." If you have a personal prayer

request that you are not comfortable praying about in the large group, feel free to share with your partner and pray about it together.

**Suggested Songs**

“Have Thine Own Way, Lord” (*SDA Hymnal* #567); “Be Still My Soul” (*SDA Hymnal* #461); “Wonderful Peace” (*SDA Hymnal* #466); “Leaning on the Everlasting Arms” (*SDA Hymnal* #469); “Turn Your Eyes Upon Jesus” (*SDA Hymnal* #290).

## Ellen White on Peace

*But the fruit of the Spirit is . . . peace.—Gal. 5:22*

The Lord has determined that every soul who obeys His word shall have His joy, His peace, His continual keeping power. Such men and women are brought near Him always, not only when they kneel before Him in prayer, but when they take up the duties of life. He has prepared for them an abiding place with Himself, where the life is purified from all grossness, all unloveliness. By this unbroken communion with Him, they are made colaborers with Him in their lifework (*My Life Today*, p. 51).

Some are not at peace, not at rest; they are in a state of constant fretfulness, and permit impulse and passion to rule their hearts. They know not what it means to experience peace and rest in Christ. They are as a ship without anchor, driven with the wind and tossed. But those whose minds are controlled by the Holy Spirit walk in humility and meekness; for they work in Christ's lines, and will be kept in perfect peace, while those who are not controlled by the Holy Spirit are like the restless sea (*Ye Shall Receive Power*, p. 73).

There are some who are seeking, always seeking, for the goodly pearl. But they do not make an entire surrender of their wrong habits. They do not die to self that Christ may live in them. Therefore they do not find the precious pearl. . . . They never know what it is to have peace and harmony in the soul; for without entire self-surrender there is no rest, no joy. Almost Christians, yet not fully Christians, they seem near the kingdom of heaven, but they cannot enter there. Almost but not wholly saved means to be not almost but wholly lost. . . (*In Heavenly Places*, p. 49).

The only way to gain peace and joy is to have a living connection with Him who gave His life for us, who died that we might live, and who lives to unite His power with the efforts of those who are striving to overcome (*In Heavenly Places*, p. 33).

Words cannot describe the peace and joy possessed by him who takes God at His word. Trials do not disturb him, slights do not vex him. Self is crucified. Day by day his duties may become more taxing, his temptations stronger, his trials more severe; but he does not falter; for he receives strength equal to his need (*My Life Today*, p. 51).

There is peace in believing, and joy in the Holy Ghost. Believing brings peace, and trusting in God brings joy. Believe, believe! my soul says, believe. Rest in God. He is able to keep that which you have committed to His trust. He will bring you off more than conqueror through Him who hath loved you (*The Faith I Live By*, p. 121).

### Questions for Personal Reflection

1. Do you have peace in your heart? What things take away your peace? Spend some time praying, surrendering those things and claiming God's promises.
2. Are you taking God at His Word? Do His promises give you peace in the midst of difficult situations? Pray that God will give you His peace as you face trials.



Let's  
Pray!